

El Dorado YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym Gym 2						6:30AM-8:00AM (Gym)	6:30AM-7:00PM (Gym)
Open Swim Family Pool						6:30AM-6:30PM (Pool)	6:30AM-6:30PM (Pool)
3 Lanes Lap Pool						6:30AM-10:00AM (Pool) 11:00AM-6:30PM (Pool)	6:30AM-6:30PM (Pool)
VIRTUAL-Beginner Yoga Gym 1						9:00AM-9:30AM (Group Fitness) YMCA360	
Hydro HIIT Lap Pool						9:00AM-9:45AM (Group Fitness) <i>Alexandria E.</i>	
Water Tabata Lap Pool						10:00AM-10:45AM (Group Fitness) <i>Alexandria E.</i>	
Bootcamp Gym 1						12:00PM-1:00PM (Group Fitness) Dakota C.	
Open Gym Gym 3							6:30AM-7:00PM (Gym)