



Participant Name: _____

Skill Development	In Progress	Mastered	Comments
Demonstrates body positions			
Learn: Floor-forward roll			
Vault-stick it!			
Beam-balance & walk, mount			
Bars-hang & pull, front support			
Bridge			
* Work on: cart wheels			
Demonstrates body control on small/medium equipment			

- Good Job!** You worked hard and learned a lot, but we have a few more skills to work on. We recommend that you stay in Preschool so we can work on your skills.
- You worked hard and mastered the Preschool skills, so you are ready to move on to the next level: _____.



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*GYMNASTICS LEVEL: **Preschool***

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See you soon!

Register for your next session at ymcawichita.org.

**GYMNASTICS
 PROGRESSION**

Pre School	Youth
Just 2's Just 3's Preschool Young Beginner Beginner	

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