

Cheer/Tumbling

ANDOVER YMCA

Fall Schedule 2018

MONTHLY TUMBLING	MON	TU	WED	TH	FR	SA	SU
BEGINNER		6:30 P		5:15 P		11:30 A	
INTERMEDIATE	7:00 P	6:30 P		5:15 P		11:30 A	
ADVANCED	7:00 P						
CHEER ACADEMY							
PRE-CHEER		5:15 P					
LEVEL I		5:45 P					
LEVEL II		6:30 P					
TEEN		7:30 P					

Contact the Gymnastics Director for tumbling information. Shannon@ymcawichita.org/316-733-9622

Contact the Dance and Cheer Coordinator for cheer information. andoverdance@ymcawichita.org/316-733-9622

PROGRAM FEES:

Monthly **\$27/mo**
Academy **\$35/mo** —available June & July
Private **\$20** per 30-min session
Semi-private **\$15** per person, 30-min session

NOTE: Classes will not take place on Memorial Day and Independence Day. Unless otherwise noted, sessions impacted by these holidays will be prorated for the reduced class schedule.

August classes take place 8/1—8/14 to allow for annual maintenance of YMCA studios and pools. All August classes will be prorated for the shortened schedule.

OPEN GYM | ages 6+ | \$5 per session

WEDNESDAYS 7:30-8:30P

SATURDAYS 2:30-3:30P

Jump, climb and tumble at our open gym. Students can practice their skills learned in cheer, tumbling, or gymnastics classes.

CHEER & TUMBLING CLASS ATTIRE:

Girls may wear leotards or athletic attire. Hair pulled back or in a ponytail.

Boys may wear a t-shirt & shorts. Please no long pants, gum, or jewelry.

TUMBLING PREREQUISITES

Beginning Tumbling– no prerequisites

Intermediate Tumbling– Must master handstand, cartwheel, back bend, kick overs, & pull ups

Advanced Tumbling– Must master round-off, back walkover, front walkover, and all other skills listed above



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SHOW YOUR SPIRIT TUMBLING & CHEER



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MONTHLY

- Introductory classes teach age-appropriate skills the techniques of tumbling, stunting and cheer
- Classes meet once per week
- One month commitment - sign up monthly for ages 6 and up

Classes offered: Tumbling in Beginner, Intermediate and Advanced

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ACADEMY

- Master skills in the fundamentals - motion techniques, jumps, stunts, cheers and chants.
- Develop confidence and team building skills
- Performance showcase opportunity
- For ages 4 & up
- Online enrollment not available, visit your local YMCA to register

Classes offered: Pre-Cheer, Levels I & II and Teen

MONTHLY CLASSES

Register online or at any Y location

TUMBLING | ages 6 & up | 45-min class

Explore the fundamentals of tumbling, advancing from rolls to round-off back handsprings and back tucks. Your child can advance to the next level once they master the given skill sets. Your child will enjoy a safe and encouraging environment as they build confidence in being a successful tumbler.

BEGINNER - No prior tumbling experience required

INTERMEDIATE - Must master back walkover & roundoff prior to enrollment.

ADVANCED - Must master front handspring & back handspring prior to enrollment.

PRIVATE LESSONS | ages 3 & up | 30-min session

The Y offers private/semi-private lessons tailored to individual needs and ability. Ask your Director for more information.

CHEER ACADEMY | ages 4 & up

Master skills in the fundamentals of cheerleading, including motion techniques, jumps, stunts, cheers and chants. Based on a multi-month curriculum, including a performance showcase. Class fees payable via bankdraft.

Ages are guidelines for academies, placement based on skill.

PRE-CHEER ages 4-5 | 45-min class

CHEER LEVEL I ages 6-7 | 60-min class

CHEER LEVEL II ages 8-11 | 60-min class

TEEN ages 12+ | 60-min class

Did you know the Y serves more than 116,000 area kids? We believe in helping kids be more confident, active and engaged in life.

