



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# REACHING NEW HEIGHTS CLIMBING WALL



## GREATER WICHITA YMCA: CLIMBING WALL POLICIES

### CLIMBING/BELAYING RULES

For your safety and enjoyment please remember:

- All climbers and belayers should be familiar with the equipment, techniques & wall safety before climbing or belaying.
- All belayers are required wear their YMCA Belay Card while belaying.
- Everyone using the wall must sign a waiver before climbing. Any climber under the age of 18 must have a waiver signed by a parent or legal guardian.
- Climbers must be 4 years of age or older to climb.
- Belay Certified - Climbers must have completed YMCA Belay Certification to check out equipment and belay other climbers. Climbers must be 15 yrs. old to check out belay equipment. Members between the ages of 11-14 who are Belay Certified must be directly supervised at all times by a Belay Certified Adult (18 yrs old or older).
- Auto Belay Certified - Climbers must have completed YMCA Auto Belay Certification to check out climbing harnesses and use the Auto Belay equipment. Climbers must be 15 yrs. old to check out belay equipment. Members between the ages of 11-14 who are Auto Belay Certified must be directly supervised at all times by an Auto Belay Certified Adult (18 yrs old or older).
- Lead Climbing Certified - Lead Climbers must be 15 yrs old and have completed YMCA Lead Climbing Certification. Climbers must provide their own equipment. Climbers and belayers are required wear their YMCA Lead Climbing Card while climbing/belaying.
- Belay Cards are valid for one calendar year and must be renewed annually.
- Floor anchors are provided for each rope for the convenience of the belayer, and must be used when belaying someone significantly heavier than oneself.
- No running allowed in the climbing or bouldering areas.
- Stay seated on bench while waiting to climb or observing climbers.

- All climbers must wear appropriate footwear. Open toe, open heel, or hard sole shoes are not allowed. No barefoot climbing. No climbing in wet clothes.
- Use only holds on wall for climbing. Do not touch exposed metal, belay bars, clips, etc.
- Climbers must stay "on route" while climbing due to the dangerous swing factor caused by climbing "offroute".
- Helmets are available for climbers
- No solo climbing (bouldering) above 4 foot line
- No sitting down or lying down while belaying
- All accidents and equipment damage must be reported immediately

### BOULDERING RULES

For your safety and enjoyment please remember:

- The YMCA recommends using a least one spotter when bouldering
- Boulder within your personal limits; climber's feet must stay below the blue 4 foot line.
- Children 8 and under must be supervised and spotted by their parents/chaperones in the bouldering area. Children should stay well below the 4 foot line.
- No "topping out" (climbing on top of bouldering area)
- Yield to roped climbers and show courtesy to others bouldering.
- Never boulder under a climber

**Participants found to be belaying, climbing or bouldering in an unsafe manner will be asked to leave the wall. Infractions can result in loss of Belay Card and/or suspension of climbing privileges.**

# NORTHWEST YMCA

# FALL CLIMBING WALL

Effective 09/03/19 - 12/21/19

The Northwest YMCA Climbing Wall provides exciting opportunities for kids, families and groups. Discover climbing activities for all ages and experience levels. Bouldering allows you to climb horizontally, while belayed climbing takes you to the top of the wall. Enjoy climbing during all building hours by taking a belay certification class or auto belay certification class.

### **The Climbing Wall is open to YMCA belay certified climbers during all building hours.**

Climbing equipment is available for checkout at the Front Desk. Climbers must be YMCA certified and 15 yrs. old to check out equipment. (Space may be limited during birthday parties and classes.)

### **Climbing Classes (ages 4+)**

Learn the basics of climbing or progress to advanced climbing techniques. New classes begin at the start of each month. Each class session lasts 45 minutes. Private and semi-private lessons are also available. Pre-registration is required.

Level 1 – Beginning Climbers  
Level 2 – Intermediate Climbers  
Level 3 – Advanced Climbers

FEES: \$27 member  
\$47 non-member  
\$48/\$68 family class

TIMES: Monday 5:30P & 6:30P  
Wednesday 5:30P & 6:30P  
Saturday 9:00A  
Saturday 10:00A (family)

### **Belay Certification (ages 11+)**

Members receive belay certification after completing a two-hour class and passing a retention check at a later date. Pre-registration is required. Min 2/max 6 people.

FEES: \$27 member  
\$47 non-member  
\$48/\$68 family

TIMES: Third Thursday 6:45P  
Second Saturday 3:00P

### **Private and Semi-Private Lessons**

Classes are tailored to the individual needs and ability.

Private \$20 per 30-min session  
Semi-private \$15 per person, 30-min session

### **Lead Climbing Certification (ages 15+)**

Members receive lead Climbing certification after completing a two to three hour class and passing a retention check at a later date. Classes meet by appointment only. Min 2/max 6 people. Pre-registration is required.

FEES: \$27 member  
\$47 non-member

TIMES: Friday 6:00 -8:30P

### **Auto Belay Certification (ages 11+)**

Members receive auto belay certification after completing a 30-minute class and passing a retention check at a later date. Pre-registration is required.

FEE: \$15 member  
\$35 non-member

TIMES: Thursday 6:45P  
Saturday 11:00A

### **Retention Checks & Recertification**

An annual recertification check is required for all Belayers. Pre-registration is required.

FEE: \$10 member  
\$30 non-member

TIMES: Thursday 6:30P  
Saturday 3:00P

### **Staff Belay (ages 4+)**

No certification? No problem! Our certified YMCA Staff will be available to belay climbers.

FEE: FREE!  
TIMES: Tuesday 5:30-6:30P  
Thursday 5:30-6:30P  
Saturday 1:00-3:00P

Additional climbing opportunities are available at the Andover and North YMCAs. Download our Wichita YMCA app on the App Store or Google Play to find open climbing schedules.