

EAST YMCA

Open Pool Schedule

Effective 9/3/19-12/31/19

To ensure you have the opportunity to strengthen your family through quality time together or develop your personal wellness routine in the water, the Y offers the following times for open recreational and lap swimming as part of your membership. During times not listed below, the pools are closed for YMCA swim lessons and/or water exercise classes. All schedules can be found on our Y mobile app, ymcawichita.org, and any YMCA membership desk. Open pool times are subject to change and schedules for all Greater Wichita YMCA locations are available online at ymcawichita.org

FAMILY RECREATIONAL POOL Times listed below are available for open swim.	
Sunday	6:30A-7:30P
Monday	4:30A-10:00A
	12:30P-4:00P
	4:00P-7:15P (Shallow Only)
	7:15P-10:00P
Tuesday	4:30A-10:00A
	12:30P-4:00P
	4:00P-7:15P (Shallow Only)
	7:15P-10:00P
Wednesday	4:30A-10:00A
	12:30P-4:00P
	4:00P-7:15P (Shallow Only)
	7:15P-10:00P
Thursday	4:30A-9:00A
	12:30P-4:00P
	4:00P-7:15P (Shallow Only)
	7:15P-10:00P
Friday	4:30A-9:00A
	10:00A-11:30A
	12:30P-9:00P
Saturday	6:30A-8:30A
	11:30A-7:30P

LAP POOL Times listed below are available for lap swim only. Minimum available lanes are noted.		
Sunday	6:30A-7:30P	4 Lanes
Monday	4:30A-5:30A	4 Lanes
	5:30A-6:30A	2 Lanes
	6:30A-9:00A	4 Lanes
	9:00A-11:00A	2 Lanes
	11:00A-4:00P	4 Lanes
	4:00P-7:15P	3 Lanes
	7:15P-10:00P	4 Lanes
Tuesday	4:30A-9:00A	4 Lanes
	9:00A-10:00A	2 Lanes
	10:00A-11:00A	1 Lane
	11:00A-4:00P	4 Lanes
	4:00P-7:15P	3 Lanes
	7:15P-10:00P	4 Lanes
Wednesday	4:30A-5:30A	4 Lanes
	5:30A-6:30A	2 Lanes
	6:30A-9:00A	4 Lanes
	9:00A-11:00A	2 Lanes
	11:00A-4:00P	4 Lanes
	4:00P-7:15P	3 Lanes
	7:15P-10:00P	4 Lanes
Thursday	4:30A-9:00A	4 Lanes
	9:00A-11:00A	2 Lanes
	11:00A-4:00P	4 Lanes
	4:00P-7:15P	3 Lanes
	7:15P-10:00P	4 Lanes
Friday	4:30A-5:30A	4 Lanes
	5:30A-6:30A	2 Lanes
	6:30A-9:00A	4 Lanes
	9:00A-10:00A	2 Lanes
	10:00A-12:00P	3 Lanes
	12:00P-9:00P	4 Lanes
Saturday	6:30A-8:30A	4 Lanes
	8:30A-11:30A	2 Lanes
	11:30A-7:30P	4 Lanes

FEATURES

The following features are available during the noted times.

Water Slide & Mushroom Fountain

Su | 6:30A - 7:30P
M-F | 12:30P - 4:30P, 7:15P - 10:00P
Sa | 6:30-9:00A, 12P-7:30P

Steam Room

The steam room is available for members and guests 18+ during regular operation hours. However, it will be closed for cleaning every day from 3-3:15P.

Hot Tub

The Hot Tub is available for members and guests 18+ during regular operating hours. Closed for cleaning on Mondays at 11:30A.

OTHER OPTIONS

100 Mile Swim Club

Record your laps throughout the year and earn a t-shirt for achieving 100 miles. Free to Y members. Ask any lifeguard for details.

Lap Lengths

70 lengths (35 laps) = 1 mile
35 lengths (17.5 laps) = 1/2 mile
18 lengths (9 laps) = 1/4 mile

BUILDING SWIM SKILLS

Whether you are a first-time swimmer or you need to improve your existing skills, the Y is here to help you build stronger swim skills and confidence in the water.

Please contact Rachel Smith, Aquatics Director at 316.685.2251 about our swim lesson opportunities.

FIND WHAT MOVES YOU!

Take your schedule on the go with the Y's NEW mobile app! Open Gym, Open Swim, Lap Pool, Group Exercise, and Open Climbing Wall schedules are available for all 9 Greater Wichita YMCAs!



FAMILY POOL RULES (all locations)

- Kids under the ages 8 must be accompanied by a parent/adult (age 18 & up) when using a Y swimming pool, unless in an organized, supervised program such as swim lessons.
- Children under the age of 8 must be in arm's reach of said parent/adult at all times in the water.
- The ratio of children under the age of 8 should not exceed 3:1 in non-program activities.
- Only U.S. Coast Guard approved life jackets and flotation devices are permitted.
- YMCA life jackets are available for small children.
- To ensure safety, check with lifeguard before entering the pool with flotation devices.
- Swimmers MUST take a shower before entering the pool.
- Swimmers MUST wear appropriate swimsuits. No street shoes, street clothes or cut-offs. No jewelry or suits with zippers, rivets, goggles or other damaging objects allowed on slides.
- Children not potty-trained MUST wear a swim diaper or plastic, leak-proof pants while in the pool.
- Persons with a contagious disease, open sores, infectious conditions are prohibited from swimming.
- No gum, food or drink allowed in the pool. No glass of any kind is allowed.
- No smoking or alcohol is allowed. Individuals under the influence of drugs or alcohol are not permitted.
- No running on pool deck.
- No diving from the side of the pool (unless designated as an approved diving area—available in limited locations).
- This is a family friendly facility, please no intimate contact. Abusive, foul or racial remarks are prohibited.
- Must be 42" to ride the slide. If under 42", a lifeguard will require you to take a swim test before using. Swim test includes jumping into the deep end and swimming the length of the deep end on your stomach. If you pass, you may go down the slide.
- No persons can slide down the slide together, unless advised and/or supervised by a swim instructor.

LAP POOL RULES

- Lap pool is for fitness swimming only
- Choose an appropriate lane for your speed
- At peak times, swim in a circular pattern sharing lanes down on the right, back on the left
- 35 lengths = 1/2 mile, 70 lengths = mile
- Pool is heated and kept at approximately 81-84 degrees