

WEST YMCA

Open Pool Schedule

Effective 9/3/19 – 12/31/19

To ensure you have the opportunity to strengthen your family through quality time together or develop your personal wellness routine in the water, the Y offers the following times for open recreational and lap swimming as part of your membership. During times not listed below, the pools are closed for YMCA swim lessons and/or water exercise classes. Open pool times are subject to change. Current schedules can be found on our Y mobile app, ymcawichita.org, and any YMCA membership desk.

FAMILY RECREATIONAL POOL	
Times listed below are available for open swim. During Water Exercise classes and swim lessons, the shallow end will be open for recreational swim only.	
Sunday	6:30A-7:30P
Monday	4:30A-10:00P
Tuesday	4:30A-10:00P
Wednesday	4:30A-10:00P
Thursday	4:30A-10:00P
Friday	4:30A-9:00P
Saturday	6:30A-7:30P

LAP POOL		
Times listed below are available for lap swim only. Minimum available lanes are noted.		
Sunday	6:30A-7:30P	3 lanes
Monday	4:30A-8:00A	3 lanes
	8:00A-9:00A	1 lane
	9:00A-5:30P	3 lanes
	5:30P-7:45P	2 lanes
	7:45P-10:00P	3 lanes
Tuesday	4:30A-9:00A	3 lanes
	9:00A-10:00A	2 lanes
	10:00A-5:30P	3 lanes
	5:30P-7:45P	2 lanes
	7:45P-10:00P	3 lanes
Wednesday	4:30A-8:00A	3 lanes
	8:00A-9:00A	1 lane
	9:00A-5:30P	3 lanes
	5:30P-7:45P	2 lanes
	7:45P-10:00P	3 lanes
Thursday	4:30A-9:00AA	3 lanes
	9:00A-10:00A	2 lanes
	10:00A-5:30P	3 lanes
	5:30P-7:45P	2 lanes
	7:45P-10:00P	3 lanes
Friday	4:30A-8:00A	3 lanes
	8:00A-9:00A	2 lanes
	9:00A-9:00P	3 lanes
Saturday	6:30A-7:30P	3 lanes

FIND WHAT MOVES YOU!
 Take your schedule on the go with the Y's NEW mobile app! Open Gym, Open Swim, Lap Pool, Group Exercise, and Open Climbing Wall schedules are available for all 9 Greater Wichita YMCAs!




FEATURES

Water Slide & Mushroom Fountain
 These features will alternately run during open swim times as noted on family recreational pool schedule. The features will not run during swim lessons and water exercise classes.

Hot Tub
 The Hot Tub is available for members and guests **over the age of 18** during regular operating hours. However, it will be closed for cleaning on Fridays 1:00-3:00P.

OTHER OPTIONS

100 Mile Swim Club Mile Swim Club
 Record your laps throughout the year and earn a t-shirt for achieving 100 miles. Free to Y members. Ask any lifeguard for details.

Lap Lengths
 70 lengths (35 laps) = 1 mile
 35 lengths (17.5 laps) = 1/2 mile
 18 lengths (9 laps) = 1/4 mile

SPLASH
 An introduction to swimming and water safety skills for 2nd graders in our community. During SPLASH classes part of the family pool will be closed.



BUILDING SWIM SKILLS

Whether you are a first-time swimmer or you need to improve your existing skills, the Y is here to help you build strong swim skills and confidence in the water.

Please contact our Aquatics Director at (316) 776-8146 about swim lesson opportunities.

FAMILY POOL RULES (all locations)

- Kids under the ages 8 must be accompanied by a parent/adult (age 18 & up) when using a Y swimming pool, unless in an organized, supervised program such as swim lessons.
- Children under the age of 8 must be in arm's reach of said parent/adult at all times in the water.
- The ratio of children under the age of 8 should not exceed 3:1 in non-program activities.
- Only U.S. Coast Guard approved life jackets and flotation devices are permitted.
- YMCA life jackets are available for small children.
- To ensure safety, check with lifeguard before entering the pool with flotation devices.
- Swimmers **MUST** take a shower before entering the pool.
- Swimmers must wear appropriate swimsuits. No street shoes, street clothes or cut-offs. No jewelry or suits with zippers, rivets or other damaging objects allowed on slides.
- Children not potty-trained **MUST** wear a swim diaper or plastic, leak-proof pants while in the pool.
- Persons with a contagious disease, open sores, infectious conditions are prohibited from swimming.
- No gum, food or drink allowed in the pool. No glass of any kind is allowed.
- No smoking or alcohol is allowed. Individuals under the influence of drugs or alcohol are not permitted.
- No running on pool deck.
- No diving from the side of the pool (unless designated as an approved diving area—available in limited locations).
- This is a family friendly facility, please no intimate contact. Abusive, foul or racial remarks are prohibited.

LAP POOL RULES

- Lap pool is for fitness swimming only
- Choose an appropriate lane for your speed
- At peak times, swim in a circular pattern sharing lanes down on the right, back on the left
- 35 lengths = 1/2 mile, 70 lengths = mile
- Pool is heated and kept at approximately 81-84 degrees