

# DR JIM FARHA ANDOVER YMCA

## Open Pool Schedule

Effective 9/3/19 - 12/31/19

To ensure you have the opportunity to strengthen family through quality time together or can develop a wellness routine in the water, the Y offers the following times for open recreational and lap swimming as part of your membership. During times not listed below, the pools are closed for YMCA swim lessons and/or water exercise classes. For information on lessons, please consult the YMCA Program Guide. For information on water exercise classes, please refer to the Water Exercise schedule found in the literature rack in the lobby. Open pool times are subject to change and schedules for all Greater Wichita YMCA locations are available online at [www.ymcawichita.org](http://www.ymcawichita.org)

<b>FAMILY RECREATIONAL POOL</b> Times listed below are available.	
<b>Sunday</b>	6:30A-7:30P
<b>Monday</b>	4:30A-11:15A
	11:15A-12:00P(shallow only)
	12:00P-4:15P
	7:15P-10:00P
<b>Tuesday</b>	4:30A-11:15A
	12:15P-4:15P
	7:15P-10:00P
<b>Wednesday</b>	4:30A-11:15A
	11:15A-12:00P(shallow only)
	12:00P-4:15P
	7:15P-10:00P
<b>Thursday</b>	4:30A-11:15A
	12:15P-4:15P
	7:15P-10:00P
<b>Friday</b>	4:30A-9:00P
<b>Saturday</b>	6:30A-9:00A
	12:30P-7:30P

<b>LAP POOL</b> Times listed below are available.		
<b>Sunday</b>	6:30A-9:00A	8 lanes
	9:00A-2:00P	5 lanes
	2:00P-7:30P	8 lanes
<b>Monday &amp; Wednesday</b>	4:30A-5:30A	8 lanes
	5:30A-7:00A	2 lanes
	7:00A-8:30A	8 lanes
	8:30A-9:30A	5 lanes
	9:30A-4:00P	8 lanes
	4:00P-5:45P	1 lane
	6:30P-7:15P	2 lanes
	7:15P-9:00P	3 lanes
<b>Tuesday &amp; Thursday</b>	4:30A-5:30A	8 lanes
	5:30A-7:00A	3 lanes
	8:30A-9:30A	5 lanes
	9:30A-4:00P	8 lanes
	4:00P-5:45P	1 lane
	6:30P-7:15P	2 lanes
	7:15P-9:00P	3 lanes
	9:00P-10:00P	8 lanes
<b>Friday</b>	4:30A-5:30A	8 lanes
	5:30A-7:00A	2 lanes
	7:00A-4:00P	8 lanes
	4:00P-5:45P	3 lanes
	5:45P-6:45P	2 lanes
	6:45P-7:15P	4 lanes
	7:15P-9:00P	6 lanes
<b>Saturday</b>	6:30A-8:30A	8 lanes
	8:30A-10:30A	4 lanes
	10:30A-12:00P	8 lanes
	12:00P-4:00P	5 lanes
	4:00P-7:30P	8 lanes

### FIND WHAT MOVES YOU!

Take your schedule on the go with the Y's NEW mobile app! Open Swim, Lap Pool, Group Exercise, Open Gym, and Open Climbing Wall schedules are available for all 9 Greater Wichita YMCAs!



### Play Structure

During program times, the water features cannot be turned on. Please ask the aquatics staff if available to be turned on.

### Hot Tub/Sauna/Steam

Available for members and guests **over the age of 18** during regular operating hours. However will be closed for cleaning times, Hot Tub Tuesdays 7:00-9:00A. Sauna Fridays 6:00 -7:00A. Steam Fridays 6:00 -7:00A

### 100 Mile Swim Club

Record your laps throughout the year and earn a t-shirt for achieving 100 miles within a calendar year. Free to Y members.

### Lap Lengths

70 lengths (35 laps) = 1 mile  
35 lengths (17.5 laps) = 1/2 mile  
18 lengths (9 laps) = 1/4 mile

### Pool Temperatures

Recreational/Therapy	86-88°
Lap Pool	78-80°
Hot Tub	101-104°

### SPLASH

An introduction to swimming and water safety skills for 2nd graders in our community. During SPLASH classes some family pool features will be closed.



### Building Swim Skills

Whether you are a first-time swimmer or you need to improve your existing skills, the Y is here to help you build strong swim skills and confident in the water. Please contact our Aquatics Director at (316) 733-9622 about our swim lesson opportunities.

## **FAMILY POOL RULES (all locations)**

- Kids under the ages 8 must be accompanied by a parent/adult (age 18 & up) when using a Y swimming pool, unless in an organized, supervised program such as swim lessons.
- Children under the age of 8 must be in arm's reach of said parent/adult at all times in the water.
- The ratio of children under the age of 8 should not exceed 3:1 in non-program activities.
- Only U.S. Coast Guard approved life jackets and flotation devices are permitted.
- YMCA life jackets are available for small children.
- To ensure safety, check with lifeguard before entering the pool with flotation devices.
- Swimmers **MUST** take a shower before entering the pool.
- Swimmers must wear appropriate swimsuits. No street shoes, street clothes or cut-offs. No jewelry or suits with zippers, rivets or other damaging objects allowed on slides.
- Children not potty-trained **MUST** wear a swim diaper or plastic, leak-proof pants while in the pool.
- Persons with a contagious disease, open sores, infectious conditions are prohibited from swimming.
- No gum, food or drink allowed in the pool. No glass of any kind is allowed.
- No smoking or alcohol is allowed. Individuals under the influence of drugs or alcohol are not permitted.
- No running on pool deck.
- No diving from the side of the pool (unless designated as an approved diving area—available in limited locations).
- This is a family friendly facility, please no intimate contact. Abusive, foul or racial remarks are prohibited.

## **LAP POOL RULES**

- Lap pool is for fitness swimming only
- Choose an appropriate lane for your speed
- At peak times, swim in a circular pattern sharing lanes down on the right, back on the left
- 35 lengths = 1/2 mile, 70 lengths = mile
- Pool is heated and kept at approximately 81-84 degrees