



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2019 GROUP EXERCISE 12 CLASS CHALLENGE

Name: _____

Phone: _____

Email: _____

Branch: _____

CYCLE CARDIO AND STRENGTH DANCE MIND BODY WATER			
1 Staff Initials: _____ Date: __/__/__	2 Staff Initials: _____ Date: __/__/__	3 Staff Initials: _____ Date: __/__/__	4 Staff Initials: _____ Date: __/__/__
5 Staff Initials: _____ Date: __/__/__	6 Staff Initials: _____ Date: __/__/__	7 Staff Initials: _____ Date: __/__/__	8 Staff Initials: _____ Date: __/__/__
9 Staff Initials: _____ Date: __/__/__	10 Staff Initials: _____ Date: __/__/__	11 Staff Initials: _____ Date: __/__/__	12 Staff Initials: _____ Date: __/__/__



To claim your free t-shirt, submit this form before 1/08/20, with the initials of the instructors from 12 Group Exercise classes - between 11/28/19 and 12/31/19.

GREATER WICHITA YMCA | Find schedules, challenges, and more in our FREE APP. YMCAWichita.org/app.



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