KEN SHANNON NORTHWEST YMCA WINTER DANCE

Effective 01/04/20 - 05/31/20

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SCHEDULES, WORKOUTS, REWARDS, AND MORE

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MONTHLY CLASSES	AGES	TIME	MON	TU	WED	тн	FR	SA	SU
HOP SKIP JUMP (Wear comfortable clothes)	2-3	30-min			10:30A 5:45P				
WIGGLES & GIGGLES (No tap shoes needed)	3	30-min			10:00A			9:30A	
DANCE WITH ME	4-5	30-min			9:30A			10:00A	
YOUNG BEGINNER	6-7	45-min						10:30A	
BEGINNER	8-11	45-min						11:15A	
ACADEMY CLASSES (ages are gu	idelines, plac	cement base	ed on skill)						
CREATIVE MOVEMENT	3	30-min	9:30A		5:30P	6:00P		10:00A	
PRE-DANCE I	4-5	45-min	10:00A		6:45P	6:30P		10:30A	
PRE-DANCE II	5-6	45-min			5:15P 6:00P	5:15P		11:15A	
LEVEL I JAZZ/TAP	6-7	60-min		5:15P		5:45P			
LEVEL II JAZZ/TAP	8-11	60-min	6:15P	5:45P					
LEVEL I BALLET	6-7	45-min		6:15P		5:00P			
LEVEL II BALLET	8-11	45-min	5:30P	5:00P					
LEVEL III JAZZ	8+	45-min	5:45P						
LEVEL III TAP	8+	45-min	5:00P						
LEVEL III BALLET	8+	45-min	6:30P						
LEVEL IV JAZZ	8+	45-min		8:15P					
LEVEL IV TAP	8+	45-min		7:30P					
LEVEL IV BALLET	8+	45-min	8:00P						
HIP HOP I	6-9	45-min		7:00P	7:30P				
HIP HOP II	10+	45-min	7:15P						
HIP HOP III	8+	45-min		7:45P					
MUSIC THEATRE LEVEL I	6-9	60 min				6:45P			
MUSIC THEATRE LEVEL II	10+	60-min		6:45P					
LYRICAL LEVEL I	8+	45-min		7:45P					
DANCE COMPANY (AVAILABLE A	T NORTH AN		EST YMCA)						

DANCE FEES: Monthly Academy \$27/month Academy \$35/month 1 class/week \$52.50/month 2 classes/week \$70/month 3 classes/week Registration Fee: \$30 per family, due at enrollment Costume Fee: \$50 per class, due Nov. 1 2019 Available at North and Northwest Contact director for more information Private Semi-private \$15 per 30-min session, per person

CLASS ATTIRE:

Monthly Classes: Leotard, tights, pink leather ballet shoes & black tap shoes Academy Classes: Creative Movement: Leotard, tights, pink leather ballet shoes Pre-Dance I and II: Leotard, tights, pink leather ballet shoes & black tap shoes Academy I-III: Ballet: Leotard, tights, pink leather ballet shoes Tap/Jazz: leather jazz shoes & black tap shoes Academy III-IV: pink leather ballet shoes, black tap shoes & black leather jazz shoes Hip Hop: athletic clothing and tennis shoes

Fees appear as member rates. Community participants/non-members pay an additional \$20 for eligible programs, unless otherwise indicated.

DANCE



FOR YOUTH DEVELOPMEN FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

MONTHLY CLASSES

- Ages 2+
- One month commitment
- Classes meet once per week
- Learn fundamentals of dance, coordination and classroom etiquette in tap, jazz and ballet
- Curriculum repeats each month to reinforce skills
- Monthly progress reports are provided

MONTHLY CLASSES

Register online or at any YMCA location

HOP. SKIP. JUMP: ages 2-3 | 30-minutes This parent participation class will begin teaching motor skills and rhythm to your young dancer.

WIGGLES AND GIGGLES: age 3 | 30-minutes Basic ballet technique will help develop coordination, rhythm and timing while dancing to music.

DANCE WITH ME: ages 4-5 | 30-minutes

Continue developing ballet technique with center and across the floor ballet combinations. Dance vocabulary and tap dance will be introduced.

AGE-BASED LEVELS: With three age-based levels, coordination, timing and rhythm will develop as dance routines are taught. Your dancer will learn ballet, tap and jazz techniques.

YOUNG BEGINNER: ages 6-7 | 45-minutes

BEGINNER: ages 8-11 | 45-minutes

TEEN: ages 12+ 45-minutes

ACADEMY CLASSES

- Ages 3+
- Nine month commitment (September May)
- Progress faster than Monthly Classes
- Learn class structure, etiquette and technique in tap, jazz, ballet, hip hop, and lyrical
- Curriculum and choreography progress monthly to advance skills and prepare for performances
- Improve strength, flexibility, coordination while building confidence and friendships
- Quarterly progress reports are provided

ACADEMY CLASSES

Register at any YMCA location, not available online

CREATIVE MOVEMENT: age 3 30-minutes Introduction to dance and song. Focus on basic ballet techniques, rhythm, and timing to music. Dancers will begin learning proper ballet and classroom etiquette.

PRE-DANCE I: ages 4-5 | 45-minutes Includes ballet and tap. Builds on techniques learned in Creative Movement and learn dance vocabulary.

PRE-DANCE II: ages 5-6 45-minutes Previous dance experience not required. Introduction to the dance environment of proper etiquette and

vocabulary, while teaching techniques in ballet and tap. MUSIC THEATRE: Level I: ages 6-9 | 60-minutes Level II: ages 10+ 60-minutes Performers will be taught the three disciplines of

musical theater: singing, acting and dancing.

ACADEMY I and II: Level I: ages 6-7 Level II: ages 8-11

BALLET: 45-minutes | Focus in classical ballet structure. Dancers define poise and posture, then move to the barre for body placement, proper technique, and flexibility. These skills will then be used across the floor.

TAP/JAZZ: 60-minutes | Introduction to the elements of sound in tap. Across the floor and center combinations help develope coordination and rhythm. Focus on flexibility and different styles of jazz dance, such as modern and lyrical jazz.

HIP HOP: Level I: ages 6-9 Level II: ages 10+ Level III: ages 13+ | 45-minutes Blend urban and freestyle moves into choreography.

DANCE COMPANY

- Ages 3+
- Yearly commitment
- Be part of a competitive team and focus on advanced skills, techniques and choreography
- Build strength, flexibility and memorization skills, while developing sportsmanship
- Dedicated dancers can compete in local, regional and national talent competitions
- Performances at Spring Recital in May and other various community events
- Auditions for competitive teams held prior to each season

ACADEMY III and IV: ages 8+ | 45-minutes

Tap, ballet and jazz are offered as separate classes to focus on a specific discipline designed for the intermediate to advanced dancers.

BALLET: Commences with barre work to reinforce technical training from Levels I and II.

JAZZ: Contemporary jazz dance is introduced.

TAP: Modern and street style blend of tap.

DANCE COMPANY

Travel and compete throughout the year. Perform at the Spring Recital in May and various community events. An audition for competitive teams is required. Contact your YMCA's Dance Director for more details.

PRIVATE LESSONS: ages 3+ | 30-minutes The Y offers private/semi-private lessons tailored to individual needs and ability. Please contact your YMCA's Dance Director for more information.

FINANCIAL ASSISTANCE:

The Y believes that opening doors can close gaps. That's why we welcome everyone to participate in our programs and services. Confidential applications for income-base financial assistance are available at any YMCA location or online at ymcawichita.org.