



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



SNACK POLICY OVERVIEW KID ZONE DROP-IN NURSERY

The Greater Wichita YMCA's Kid Zone Drop-In Nursery policy on "FOOD AND DRINK" states:

- If you provide food and drink for your child, please bring only water or clear juice in spill-proof cups (milk allowed **ONLY** for infants) and healthy snacks. Branches may vary in the type of snacks allowed. Please check with your Kid Zone specifically. No candy, gum, peanut products, or meals are allowed.

While, as stated, each branch determines their own, allowed foods and drinks - these snacks typically accepted and encouraged:

CHIPS and CRACKERS

Corn chips, oyster crackers, potato chips, pretzels, rice chips/cakes, saltines, snack crackers, or tortilla chips including:

- Cheetos, Doritos, Ritz Chips, Ruffles, Sun Chips, etc.
- Club Crackers, Cheese Nips, Cheez-Its, Good Thins, Ritz, Triscuit, Wheat Thins, etc.

CEREALS and FINGER FOODS

Animal crackers, biscuits, dry cereal, freeze-dried fruits/vegetables, fruit/veggie puffs, or graham crackers including:

- Cheerios, Chex, Cinnamon Toast Crunch, Cocoa Puffs, Froot Loops, Golden Grahams, Kix, Life, Trix, etc.
- Bitters, Goldfish, Nilla Wafers, Snackin' Squares, Teddy Grahams, Wagon Wheels, Zwieback Toast, etc.

BEVERAGES

- **MILK/FORMULA (INFANTS ONLY)** Kid Zone staff will, as instructed, warm breast milk or add water to formula, but parent-provided, labeled bottles should contain thawed milk or pre-measured formula powder.
- **CLEAR FLUIDS** Water or fruit juice (white grape, white cranberry, filtered apple, etc.)

The safety, security, and happiness of our littlest members in our Kid Zone is the primary focus of our Youth and Family Staff. Please let our staff members, coordinators, and Directors know how we can best serve your family.



The Greater Wichita YMCA's **KID ZONE DROP-IN NURSERY** offers social, physical, and educational activities for children ages six-weeks to seven-years-old.

Find full policies, locations, hours, and more at ymcawichita.org/KidZone.