



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COOKING UP FUN FOR YOUR KIDS

Jr. Chef Academy EAST & DOWNTOWN YMCA's

Level 1: Build basic culinary skills, incorporating nutrition and fun food experiments while making new recipes each week. This Academy includes a chef hat and apron, progress reports, and a kid-prepared recipe showcase at the end of the 10 week session! Ages: 6-12, 75-minute classes

Level 1 sessions:

East YMCA:

Mondays, 5:30-6:45P, 11/2/2020-1/4/2021

OR

Downtown YMCA:

Tuesdays, 5:30-6:45P, 11/3/2020-1/5/2021

Fee: \$33/month bankdraft for three months or \$99/3-month session (member rate). Financial assistance is available. Enroll in person or by phone for the Jr. Chef Academy. Space limited. *Must contact Tammi prior to class start if child has a food allergy.

COVID-19 Note: we value the safety of participants, masks required except when eating in class. We sanitize before, during and after classes.

Questions? Contact Tammi Krier, YMCA Healthy Eating Director: 316-776-8176 or tammi.krier@ymcawichita.org

Program Codes: 20Nov 03ACH, 02ACH (draft Nov/Dec/Jan)

Thanks to a partnership with Delta Dental of Kansas and American AgCredit, we are able to offer a new, lower price for this fantastic program in 2020!

