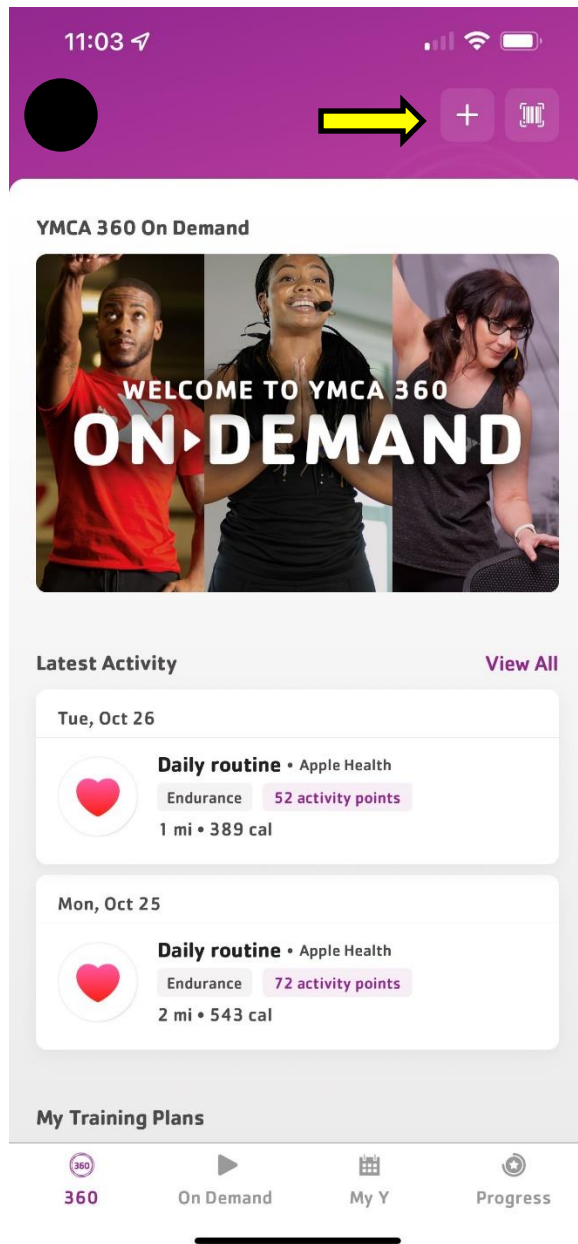


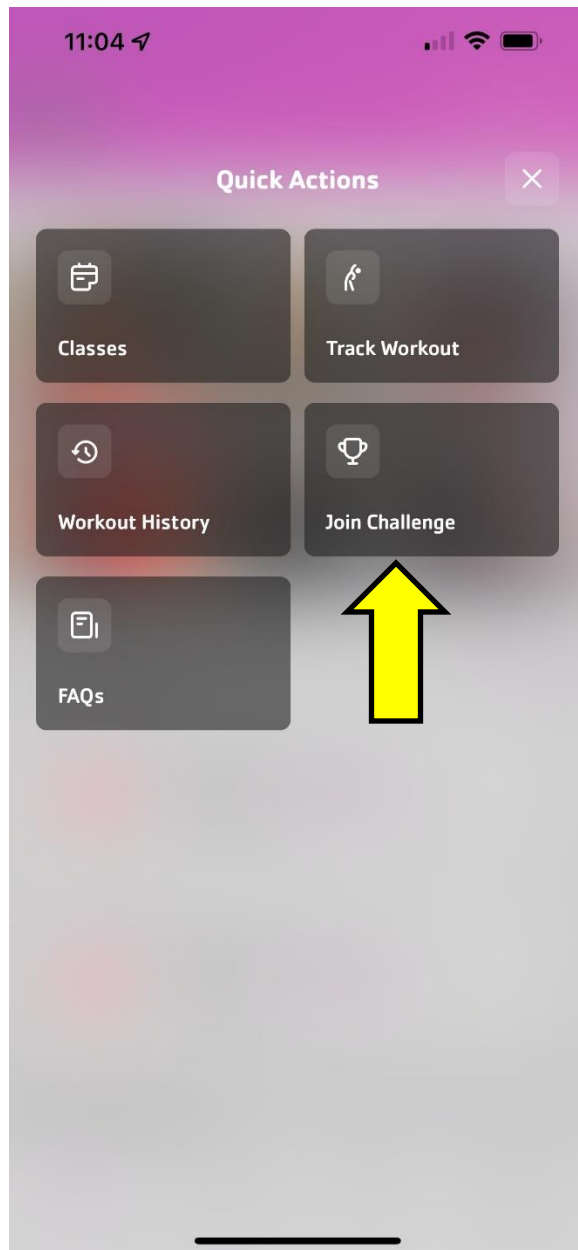
Holiday Challenge 2012 – How to join Challenge on the App



After you have enrolled and paid for the Lose 2021 Challenge. You will follow these steps to join the challenge in the App so you can track your workouts.

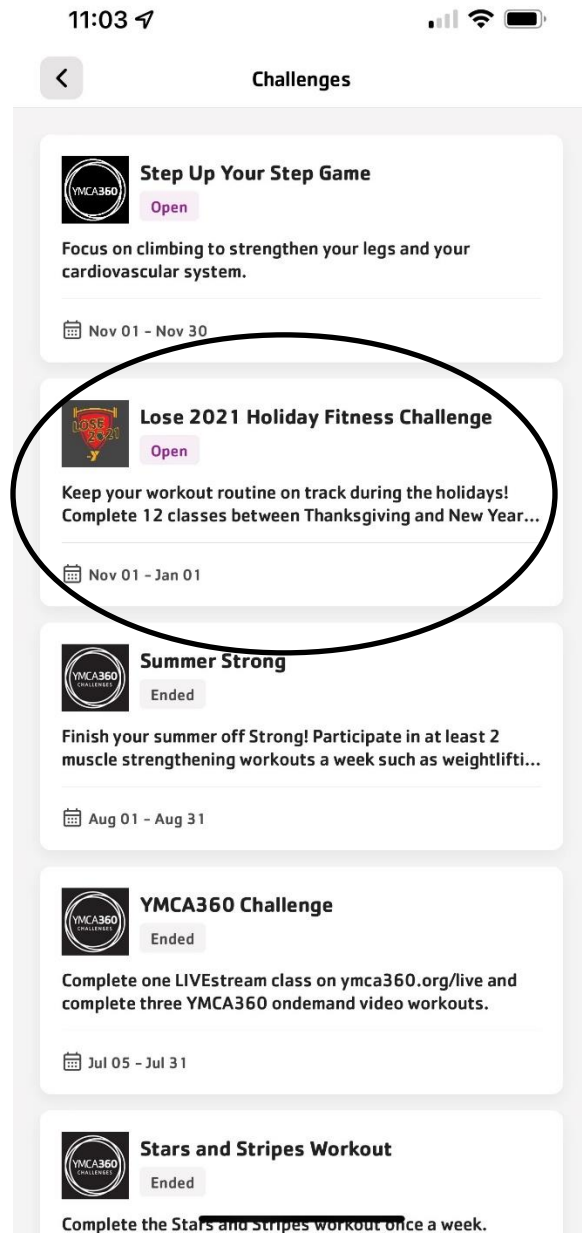
On the Home Screen of the App, click on the “+” on the top right

Holiday Challenge 2012 – How to join Challenge on the App



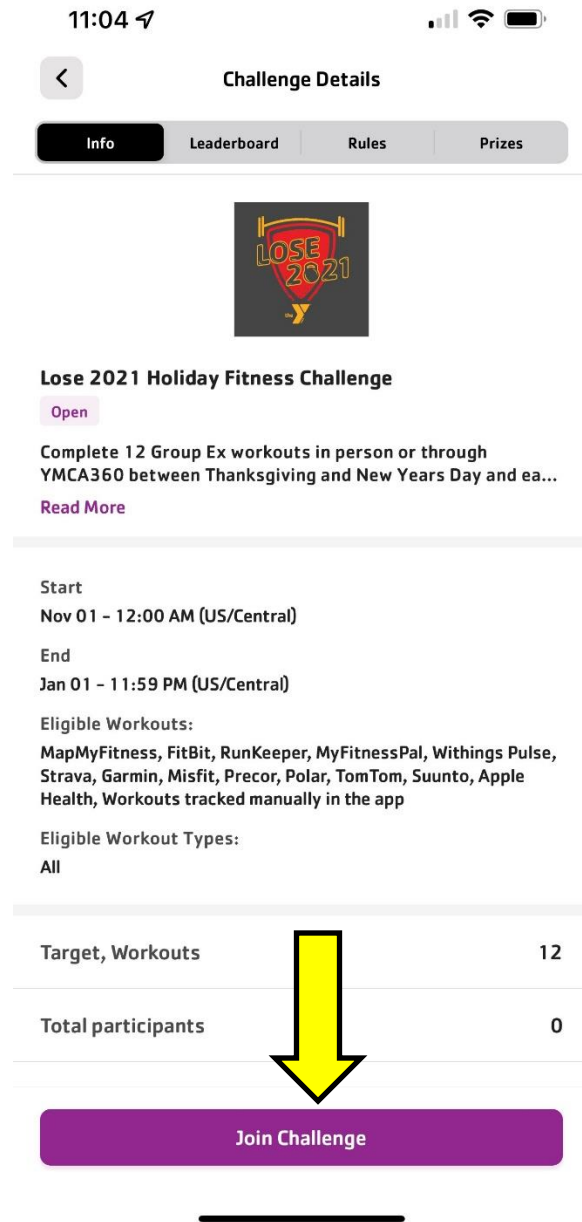
Under Quick Actions, click on “Join Challenge”

Holiday Challenge 2012 – How to join Challenge on the App



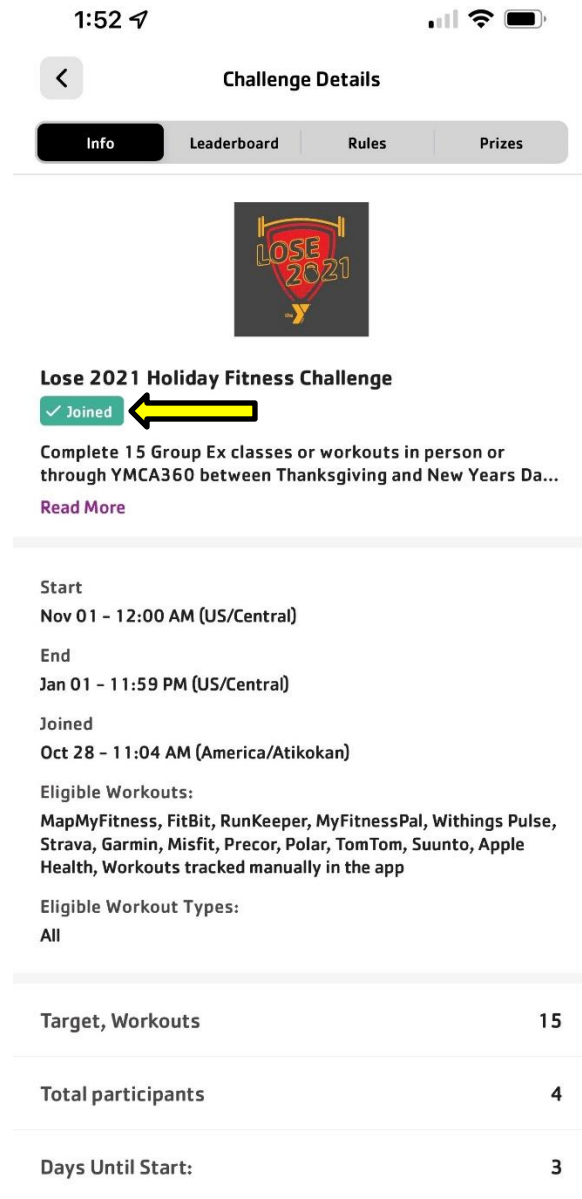
Select the “Lose 2021 Holiday Fitness Challenge” from this screen

Holiday Challenge 2012 – How to join Challenge on the App



Click on “Join Challenge” at the bottom of the screen

Holiday Challenge 2012 – How to join Challenge on the App



Once you have joined the challenge, you will see joined with a checkmark right under the challenge title.